Mexican open water swimmer among the top 12 in the world



Photos: courtesy of Jaime Lomelín.

Open water swimmer <u>Jaime Lomelín</u> hopes to be the **second Mexican** to be given the **Man of the Year** award by the **World Open Water Swimming Association** (WOWSA).

Lomelín was already among the top 12 open water swimmers in the world in 2020.

Jaime was **nominated** by **Antonio Argüelles**, the **only Mexican swimmer** to have won the **Man of the Year award**, in order to be able get into the final 12.

"The nomination was given to me for a **career** spanning more than **40 years** and for my **Mexican records**. I'm competing against 11 other swimmers from around the world," Lomelín told **CONECTA**.

The swimmer began his **sporting career** while studying **Chemical Engineering and Administration** at **Tecnológico de Monterrey**.



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His beginnings as a professional swimmer

Jaime began his career as a swimmer while studying for a degree at the Monterrey campus.

"I was on the Tec **swimming team** for the 4 and a half years of my degree. We had a **coach from Acapulco**, and he took us to the **Guadalupano Swimming Marathon**.

"We went every year during my time at the university. That's where I acquired the taste for swimming. I found my **passion** at **Tec de Monterrey**," recalled Lomelín.

After graduating with a degree in Chemical Engineering and Administration in 1985, Lomelín decided to keep **swimming alongside** his **professional** activities.

Jaime says he participated in some of the **most iconic races** and swam against some of the best competitors in the world for **six years**.

"The 'creme de la creme' of open water swimming were there. In my first race at **Capri-Naples** in **1987**, I came in **fifth place** and broke Guillermo Echeverría's **Mexican record**," he shared.

From there, his passion for open water swimming became greater and greater and led him to further national and **international competitions**.

"I'll **continue** doing it as long as my head, my heart, and my body will let me," said Lomelín.



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The records he's broken

In 1990, Jaime fulfilled one of his **dreams** by crossing the **English Channel**, a 34-kilometer stretch of sea between England and France.

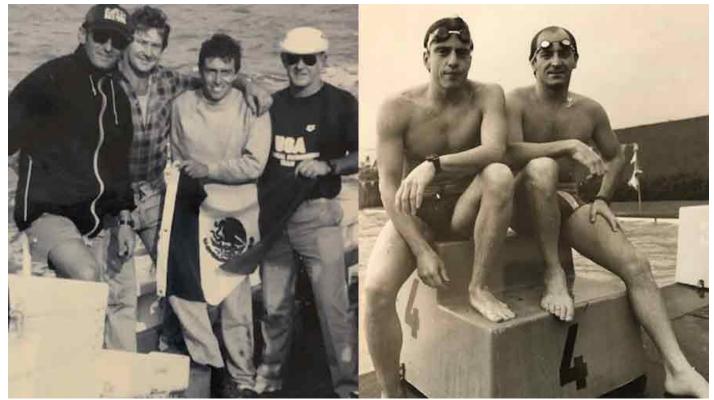
"It's like **Mount Everest** for **swimmers**. It's the oldest event, it's the most **emblematic** one, and you find yourself in **cold weather**, with **strong currents**, and **jellyfish**," he commented.

Lomelín remembers that he had **3 goals** to achieve during that **competition**: reach France, break the **Mexican record**, and to have one of the best times for Latin America.

In the end, he achieved all 3 objectives and was only the **sixth Mexican** to have **crossed** the Channel.

Throughout his career as a sportsman, he has won **first places** in competitions in Mexico at **Los Cabos**, the **Guadalupano Swimming Marathon** in Acapulco, and at the **Sumidero Canyon**, to name but a few.

He's also achieved the Triple Crown of Open Water Swimming which consists of 3 races: the English Channel; the Catalina Channel in California; and the Manhattan Island Marathon Swim in New York.



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Among the top 12 open water swimmers in the world

Lomelín recently competed in **Los Cabos**, where he was recognized as the **most competitive open water swimmer** of all time at the **Open Water Swim 2019**.

As a result of that race, in which he won **first place**, as well as his career of more than 40 years, he was nominated for the **Man of the Year award** by Antonio Argüelles, the first Mexican to swim the **English Channel**.

"The **conditions** were **against** us. For the first 4 or 5 hours, the sea was calm. With 12 or 13 kilometers to go to Cabo San Lucas, there was a strong current and a lot of wind.

"That made the race more complex than it should have been. I did it in 10 hours and 35 minutes, but if that section hadn't been so rough, I would have done it in less than 10 hours," Jaime recalled.

The best swimmers of the year are nominated in the competition, organized by the World Open Sea Swimming Association, resulting in 12 finalists.

Lomelín is the **only Mexican** in the 2020 competition and the winner is decided by an **open vote** on the **website throughout January**.

"The simple fact that they have nominated me is very pleasing and, as I am a good competitor, I will do everything I can to win," added Lomelín.

He and **Argüelles**, who has already won first place before, are the **only Mexicans** to have taken part in this competition.



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His dreams and goals for the future

"I remember my days at the **Tec** when I was younger. I wanted to swim on the circuit and to **compete** against the **best**.

"That was my **dream**. To test myself and to see how I did. Swimming and competing against them," he recalls.

At the age of 57, after decades of competitions and many records, Jaime explains that he does not plan on stopping until he can't go on physically and mentally.

"The brain is a powerful thing: it can play for or against you. You have to train it to have **positive thoughts**. It is as important as, or even more important than, physical training," he says.

Along with his **passion** for open water swimming, Jaime is **Vice -President** of **Sales and Marketing** at the Osel paint company.

He also has 3 children, who he occasionally competes against in the pool.

"It's more about playing, but my kids are competitive. They always tell me to give them a few meters of advantage so they can have a 'little race'.

"Today, my **goals** are to do **the best** I can in competitions and swims. I still want to break some Mexican records," concluded Lomelín.

Here are some of his records:

The Mexican with the best time at:

- Capri Naples 33 km. Italy 1987
- Manhattan 46 Km. United States 2015
- Double relay across the English Channel. Great Britain France 2006
- Swim Across the Sound 25 km. United States 2018
- Crossing the Strait of Gibraltar 2019

Best positions in competitions:

- Capri Naples. Italy 1987. 4th place
- Cancun International Swimming Marathon 1987. 4th place
- Santa Fe Coronda. Argentina 1987. 3rd place
- Capri Naples. Italy 1988. 8th place
- Bacoli Bay. Italy 1988. 2nd place
- Santa Fe Coronda 1988. 5th place
- US National Championship Swimming Marathon. United States 1990. 2nd place
- Salvador Bay, Brazil 1990 3rd place
- Lake Memphremagog. Canada 1990. 8th place
- Sumidero Canyon Chiapas 1991. 1st place
- Sumidero Canyon. Chiapas 1992. 2nd place

https://www.facebook.com/100002853043675/videos/pcb.3157674254337645/3157659141005823

You can vote for Jaime Lomelín here:

https://openwaterswimming.com/contestants/jaime-lomelin/

YOU'LL DEFINITELY WANT TO READ:

https://tec.mx/en/news/aguascalientes/sports/here-top-she-climbed-highest-mountains-world