

8,139 km! Mexican woman breaks record for longest bicycle route



Andrea Dorantes, a graduate of PrepaTec's [León campus](#), has become one of only [ten women](#) in the world to cross the whole of **Europe by bicycle**, breaking the record for the **longest recorded route**.

After having climbed the seven highest peaks in the world, Andrea decided she needed a **new challenge**, which is what led her to **cross Europe** by bicycle.

Andrea's journey **began** in **northern Norway** at **Grense Jakobselv** and ended **89 days** later in **southern Portugal** at **Cabo San Vicente**.

"It's a big challenge because you're on your own for three months and you have to be sure that, whatever you face, you can get through it," Andrea said.



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Traveling across Europe

Initially, Andrea had planned to cycle the [European Divide Trail](#), which is an existing **7,601 km route** that is considered the longest **dirt road** in the world.

However, she decided to **change** the route on the way and ended up traveling **8,139 km**.

“The initial route took me through southern Spain and southern Portugal. Instead, I decided to go through the north of Spain and then down the coast,” said Andrea.

Her journey began where the **border** between **Norway and Russia** meets the **Arctic Ocean**.

Andrea arrived in **Helsinki, Finland**, from where she traveled **60 km** north to begin the official route.

The route took her through **nine countries** over the course of 89 days.

Starting with **Norway, Finland, and Sweden**, she then traveled through **Denmark, Germany, Switzerland, and France**, and finally ended up in **Spain and Portugal**.



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Crossing through hurricanes

Andrea mentioned that her **biggest challenge** was the **weather**, as she had to go through the path of **Hurricane Milton** when she was crossing the coast of Portugal.

“The wind, the rain, and the waves caused by the hurricane were some of the most difficult challenges I had to face,” said Andrea.

“The Andrea needed to climb the seven highest peaks wasn’t the same as the Andrea needed to cycle across Europe”

Andrea remarked that there wasn’t much **civilization** in the **northern part of Europe**, so she had **to pack food** for several days.

“I had to buy a lot of food because I spent days without visiting any towns,” Andrea said.

Along the way, she not only **faced** those challenges, but also situations such as having to **cross rivers** with her bike and all her luggage, **getting lost**, and **crossing muddy** terrain, to name but a few.

Andrea stressed that she wanted to discover a **new side** of herself through this **new challenge**.

“The Andrea needed to climb the seven highest peaks wasn’t the same as the Andrea needed to ski to the South Pole, or the Andrea needed to cycle across Europe,” said Andrea.

https://www.instagram.com/p/C_4DbDROPjT/

A frozen adventure

In **2025**, Andrea plans to have another adventure and to undertake a **1,130 km expedition** alone and without support in **Antarctica**.

“You’re alone in Antarctica for 55-60 days, without talking to anyone, without seeing anyone, in the remotest and coldest place in the world,” Andrea said.

In the coming months, Andrea will **train** in northern Norway and cross **Greenland** to prepare for this feat.



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